

Remember and Rejoice

Psalm 105:1-5

1 Give thanks to the LORD and proclaim his greatness. Let the whole world know what he has done.
2 Sing to him; yes, sing his praises. Tell everyone about his wonderful deeds. 3 Exult in his holy name; rejoice, you who worship the LORD. 4 Search for the LORD and for his strength; continually seek him.
5 Remember the wonders he has performed...

Have you ever noticed how easy it is to forget? "Leave the house Macarena." We forget anniversaries, appointments, and where we put our keys. And the truth is we also tend to forget what God has done. These verses command us to remember and honor God.

(v. 1) Notice the psalmist doesn't say "if you feel like it" or "when things are going well." This is a command. And, thanksgiving isn't meant to be private. We're called to "proclaim his greatness" and let "the whole world know." When God does something remarkable in your life, when He answers prayer, when He provides, when He brings you through—tell someone! Your testimony might be exactly what someone else needs to hear.

(vv. 2-3) Four times in these two verses we're called to vocal, joyful expression: sing, tell, exult, rejoice. Worship is not passive. It's not just showing up and going through motions. True worship engages our whole being—our voices, our emotions, *and* our stories.

The word "exult" means to rejoice greatly, to be jubilant. When was the last time you exulted in God's holy name? When did you let joy overflow in worship? God deserves better than halfhearted praise. He deserves our enthusiasm, our energy, our wholehearted devotion.

(v. 4) "Search for the LORD and for his strength; continually seek him." We're not just called to thank and praise God—we're called to seek God. The word "search" implies intentionality. You don't stumble into God's presence; you pursue it. And notice—we're to seek Him "continually." Not just on Sunday morning. Not just when we're in crisis. Not just during our morning devotions. Continually means a lifestyle of leaning into God. It means we're checking in with Him throughout the day, turning to Him first rather than as a last resort.

Why do we seek His strength? Because we recognize our weakness. Because we know we can't make it on our own. The Christian life isn't about self-improvement; it's about dependence on God.

(v. 5) "Remember the wonders he has performed." This is where we often fail. We experience God's faithfulness, His provision, His deliverance—and then we forget. Life moves on, new challenges arise, and we forget what God has already done.

The Israelites had this problem. God parted the Red Sea, and a few days later they were complaining about food. God provided manna, and they complained about water. They had short memories, and their forgetfulness led to doubt and disobedience.

Now, remembering God's wonders isn't just about nostalgia. It's about building faith for the future. When you remember how He brought you through before, you can face the current storm with confidence.

So, share your testimony. Tell about what God has done in your life. And, even if you don't share today, let your life be a declaration of His greatness.

When we do these things: give thanks, proclaim His greatness, sing His praises, seek His presence, and remember His wonders, something changes in us. Our perspective shifts. Our faith strengthens. Our joy increases.

The God who performed wonders in the past is the same God who is with you today. He is worthy of your thanksgiving and deserving of your praise. So, let's not forget. Let's be a people who remember and give thanks.

God of Wonders (F)