



**SERMON TITLE**

**WHEN THE PRESSURE RISES**

**SERIES**

**MOVE WITH THE WIND**

**DATE**

5/31/2026

**KEY SCRIPTURE**

**Acts 4:23-31**

**SYNOPSIS**

Pressure tends to rise right after the power is released—but the same Spirit who filled you once will fill you again, inside the pressure, not just out of it.

**HIGHLIGHTS**



## BIG IDEA

A Spirit-filled church doesn't pray around the pressure—it prays through it, and gets filled again.

"Enable your servants to speak your word with great boldness." (Acts 4:29)

### Notes:

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## THE PATTERN

The Spirit falls in Acts 2. A miracle in Acts 3. An arrest in Acts 4. That isn't a glitch in the story—it's a pattern. The pressure tends to rise right after the power gets released.

"On their release, Peter and John went back to their own people." (Acts 4:23)

### Notes:

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## BACK TO THE ROOM

When the pressure hit, they didn't go to the press, or a strategy meeting, or a quiet corner to process alone. Peter didn't go back to the boat—his old pressure move. He went back to the room where the Spirit had already moved. Same Peter. Different instinct.

"They raised their voices together in prayer to God." (Acts 4:24)

### Notes:

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## THE PRAYER

They don't ask for the pressure to lift. They ask for boldness inside it. They're not praying for an exit—they're praying for an upgrade.

**Don't just pray for an exit. Pray for a filling.**

"Now, Lord, consider their threats and enable your servants to speak your word with great boldness." (Acts 4:29)

### Notes:

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### THE ROOM SHOOK AGAIN

The same room that shook at Pentecost shakes again under pressure. The same Spirit who filled them once fills them again. Not one-and-done. Again. And again.

**He didn't fill them once. He filled them again.**

*"Be filled with the Spirit." (Ephesians 5:18) — present tense. Be being filled.*

**Notes:**

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### THE GOSPEL

Jesus didn't pray His way out of the cross. He prayed His way through it. And because He did, the Spirit He sent doesn't pull us out of our pressure—He meets us in it.

*"Not my will, but yours be done." (Luke 22:42)*

**Notes:**

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### MAKE IT PERSONAL

What pressure did you carry in this morning? Have you been praying the exit prayer—"get me out"—when the prayer you need is "fill me again"? Name the pressure. Then ask for what they asked for: *Lord, fill me again. Make me bold where I want to go quiet.*

**Notes:**

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